

Antichrist – Endurance

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If you feel awful during the morning, day, or night, it may be because you are not taking care of your body. The mind is directly affected by food consumption, and your attitude will therefore be affected as well. For better mental strength, clearer thought processes, stronger endurance in daily activities, and a better daily outlook, take care of yourself.

“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service” (Romans 12:1).

“Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth” (3 John 1:2).

“Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God” (1 Corinthians 10:31).

A poor food intake plan is satan’s counterfeit to God’s plan for your life.

In contrast to pure air, the enemy has given cigarette smoke. Instead of pure water, the enemy has given us alcohol. For juice, there’s wine. For whole foods, there’s processed desserts and candy. For exercise there’s sedentary labor and being a couch potato.

“There hath no temptation taken you but such as is common to man: but God *is* faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it” (1 Corinthians 10:13).

When God gave Noah the command to take animals into the ark, there was a differentiation between what was edible and what was not. Notice Genesis 7:2, “Of every clean beast thou shalt take to thee by sevens, the male and his female: and of beasts that are not clean by two, the male and his female.” If Noah and his family would have eaten some of the animals on the ark, we would be less that race today. There were only 2 camels, 2 pigs, 2 snakes, 2 hawks... Notice what the Bible says about certain flesh foods that humans consume today.

“It shall be a perpetual statute for your generations throughout all your dwellings, that ye eat neither fat nor blood” (Leviticus 3:17). Anything today that has blood in it is unclean for humans to eat. This is why Jews eat things called Kosher—because they still uphold these Biblical standards.

Was diet something for the Jews only? No. The very first diet that God gave to man was that of whole foods in the Garden of Eden. “God said, Behold, I have given you every herb bearing seed, which *is* upon the face of all the earth, and every tree, in the which *is* the fruit of a tree yielding seed; to you it shall be for meat” (Genesis 1:29).

God’s plan for us in the future will be for the whole foods diet from the “Tree of Life” (Revelation 22:2).

Leviticus 11:1-13 explains the animals that God has set apart to be eaten by humans. Dogs, pigs, camels, badgers, snakes, vultures, horses, and crabs are all in the same group – unclean. They are as unhealthy to humans as eating our shoes. They were not made for food, they are quite the contrary, harmful to us. Tasting good doesn’t mean it’s good for us!

Deuteronomy 14:3-20 gives a run down similar to Leviticus 11 as to what flesh we should and should not eat as humans.

God asks us not to eat certain foods. That may make Christianity difficult and unattractive, but remember, he also asks us not to kill each other. He also asks us not to kill ourselves. Smoking, driving intoxicated, being over daring, etc., are just as much going to kill us as much as driving full speed into a semi truck would—except one would take us faster. “Thou shalt not kill” (Exodus 20:13). “The LORD God *is* a sun and shield: the LORD will give grace and glory: no good *thing* will he withhold from them that walk uprightly” (Psalm 84:11).

Speaking of the end of time, God has made it clear to us that we ought not to lay aside His truths, expecting that He wont notice. By His coming, “They that sanctify themselves, and purify themselves in the gardens behind one tree in the midst, eating swine's flesh, and the abomination, and the mouse, shall be consumed together, saith the LORD” (Isaiah 66:17).

Didn’t Peter have a vision from God proving that we, Christians of the New Testament, could eat anything we wanted? “Now while Peter doubted in himself what this vision which he had seen should mean, behold, the men which were sent from Cornelius had made enquiry for Simon's house, and stood before the gate...” “He said unto them, Ye know how that it is an unlawful thing for a man that is a Jew to keep company, or come unto one of another nation; but God hath shewed me that I should not call any *man* common or unclean.”

Some will take 1 Timothy 4:1-4 and say that this is all washed up. BUT, God made SOME things that were to be received with thanksgiving, and some things that were NOT. Most people using this section of the Bible will leave out verse 5, “For it is sanctified by the word of God and prayer.” Could we expect God to bless that which He word condemns?

Think.